



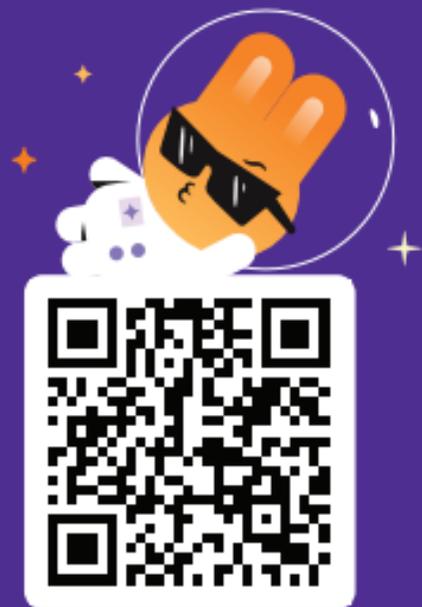
Mental health support that meets the moment

Soluna is a free, safe, and confidential **mental health service** created for Californians ages 13 to 25.



Soluna is a space to **build coping skills, set goals, and get 1:1 support** to navigate life's challenges.

- ✦ 1:1 coaching for mental health support
- ✦ Secure, moderated peer community
- ✦ Mood log, articles, and tools for self-care
- ✦ **Care Navigation:** connecting users to critical local resources like food banks or housing



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